

## Early Childhood Health and Wellness Resources

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### EVENTS

- *How Social and Emotional Learning (SEL) Can Help Prevent Bullying* July 11, 2018. 3:00 PM Eastern  
[https://events-na1.adobeconnect.com/content/connect/c1/1002235226/en/events/event/private/1318643947/1614510903/event\\_registration.html?scoid=2589718293& charset =utf-8](https://events-na1.adobeconnect.com/content/connect/c1/1002235226/en/events/event/private/1318643947/1614510903/event_registration.html?scoid=2589718293& charset =utf-8)
- *WIC & Head Start Better Together: Lessons from Connecticut's Project to Coordinate Family Services* July 12, 2018. 2:00 PM Eastern  
<https://register.gotowebinar.com/register/5346087609546684163>
- *Implementing Otoacoustic Emissions (OAE) Hearing Screening and Follow-up: Self-Guided Learning Curriculum Webinar* July 17, 2018. 2:00 PM Eastern
- *MyPeers Orientation* July 18, 2018 12:00 PM Eastern and/or July 23, 2018. 4:00 PM Eastern  
<https://register.gotowebinar.com/rt/6926439854287842305>
- *Making the Most of MyPeers: Advanced Orientation Webinar* July 18, 2018. 1:00 PM Eastern  
<https://register.gotowebinar.com/rt/3585020724831363331>
- *Connecting to Community Health and Wellness Partners to Enhance Professional Development months* July 19, 2018. 2:00 PM Eastern  
<https://cc.readytalk.com/registration/#/?meeting=qrt2kq4ttnkf&campaign=k5pdc0u10c3>
- *Feeding Infants: 0-5 months* July 19, 2018. English at 2:00 PM Eastern and in Spanish at 3:00 PM  
<https://www.cacfp.org/resources/thirty-thursdays/>
- *Let's Get Ready: Planning Together for Emergencies* July 23, 2018. 8:00 PM Eastern  
<https://usa.childcareaware.org/preparednesswebinars/>

### NEWS

- *Exposures to Buprenorphine Reported to Poison Control Centers Have Increased Among Children as Opioid Crisis Continues*  
<https://www.aap.org/en-us/about-the-aap/aap-press-room/pages/Exposures-to-Buprenorphine-Reported-to-Poison-Control-Centers-Have-Increased-Among-Children-as-Opioid-Crisis-Continues.aspx>
- *Emotional Development Training May Benefit Early Childhood Depression*  
<https://www.medpagetoday.com/psychiatry/depression/73594>
- *Baby Teeth May Predict Autism*  
<https://www.medpagetoday.com/neurology/autism/73203>
- *Phone App That Screens for Autism in Children Is Beneficial* (see Autism Apps under Children with Special Health Care Needs)  
<https://www.upi.com/Study-Phone-app-that-screens-for-autism-in-children-is-beneficial/4511527868180/>
- *ADHD Higher in Preterm Babies, Especially Girls*  
<https://www.medpagetoday.com/neurology/adhd-add/73679>
- *Study: Better Fluoridated Water Access Leads to Less Tooth Decay*  
[https://www.upi.com/Health\\_News/2018/06/14/Study-Better-fluoridated-water-access-leads-to-less-tooth-decay/1731528990687/](https://www.upi.com/Health_News/2018/06/14/Study-Better-fluoridated-water-access-leads-to-less-tooth-decay/1731528990687/)
- *37 US Children Die in Hot Cars Each Year, Report Says* (see Look Before You Lock under Safety & injury Prevention)  
<https://edition.cnn.com/2018/06/12/health/hot-car-deaths-study/index.html>
- *Expectant Parents Encouraged to Visit Pediatrician Before Birth of Baby*  
<https://www.aap.org/en-us/about-the-aap/aap-press-room/pages/Expectant-Parents-Encouraged-to-Visit-Pediatrician-Before-Birth-of-Baby.aspx>

July 2018

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## RESOURCES

### Children with Special Health Care Needs

- *Autism Apps*  
<https://www.autismspeaks.org/autism-apps>
- *7 Tips for Safe Summer Playdates for Your Child with Food Allergies*  
<https://community.kidswithfoodallergies.org/blog/7-tips-for-safe-summer-playdates-for-your-child-with-food-allergies>
- *The 411 on 504 Plans: Working with Your School for Food Allergy Accommodations*  
<https://community.kidswithfoodallergies.org/blog/the-411-on-504-plans-working-with-your-school-for-food-allergy-accommodations>
- *Safe Travels: Ensuring Proper School Bus Transportation of Children with Special Health Care Needs*  
<http://www.aappublications.org/news/2018/04/30/schoolbus043018>

### Community Health and Data

- *State Indicator Report on Fruits and Vegetables, 2018*  
<https://www.cdc.gov/nutrition/data-statistics/2018-state-indicator-report-fruits-vegetables.html>
- *Early Care and Education State Indicator Report* from CDC's Division of Nutrition, Physical Activity, and Obesity  
<https://www.cdc.gov/obesity/strategies/ece-state-indicator-report.html>

### Emergency Preparedness, Response & Recovery

- *When Thunder Roars, Go Indoors!*  
<https://www.cdc.gov/features/lightning-safety/index.html>
- *First Aid Steps*  
<https://www.redcross.org/take-a-class/first-aid/performing-first-aid/first-aid-steps>
- *Advocating for Life Support Training of Children, Parents, Caregivers, School Personnel, and the Public*  
<http://pediatrics.aappublications.org/content/early/2018/05/21/peds.2018-0704>
- *Checklist for Developing Child Care Emergency Preparedness and Response Plans*  
<https://www.acf.hhs.gov/occ/resource/im-2017-01-appendix-a>
- *Warning Signs and Symptoms of Heat-Related Illness*  
<https://www.cdc.gov/disasters/extremeheat/warning.html>

### Environmental Health

- *Wireless Radiation FAQ*  
<https://cehn.org/our-work/eco-healthy-child-care/ehcc-faqs/faqs-wireless-radiation/>
- *Green and Healthy Homes Initiative*  
<http://www.greenandhealthyhomes.org>

### Equity, Inclusion, Cultural and Linguistic Responsiveness

- *Applying an Equity Lens to Social, Emotional, and Academic Development*  
<https://www.rwjf.org/en/library/research/2018/06/applying-an-equity-lens-to-social-emotional-and-academic-development.html>
- *Maternal Depression Screening as an Opening to Address Social Determinants of Children's Health*  
<https://jamanetwork.com/journals/jamapediatrics/article-abstract/2684234?widget=personalizedcontent&previousarticle=2681630>

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### Health Literacy/Family Education/Family Engagement

- *Vitamin D and Your Child*  
<https://jamanetwork.com/journals/jamapediatrics/fullarticle/2681630>
- *Should You Put Sunscreen on Infants? Not Usually* (English and Spanish)  
<https://www.fda.gov/ForConsumers/ConsumerUpdates/ucm309136.htm>
- *Protect Your Children: Store & Use Medicines Safely*  
<https://www.cdc.gov/features/safe-medicine-children/index.html>

### Managing Health Services

- *Health and Safety Resources for Topics in Model Child Care Health Policies*  
<http://www.ecels-healthychildcarepa.org/resources/resource-list-by-topic/item/828-health-and-safety-resources-for-topics-in-model-child-care-health-policies.html>
- *Exploring Early Childhood Care and Education Levers to Improve Population Health: Proceedings of a Workshop*  
<https://www.nap.edu/catalog/25129/exploring-early-childhood-care-and-education-levers-to-improve-population-health>
- *Why Collaborations Fail*  
[https://ssir.org/articles/entry/why\\_collaborations\\_fail](https://ssir.org/articles/entry/why_collaborations_fail)
- *Let Medicaid Give You a Ride*  
<https://www.cms.gov/Medicare-Medicaid-Coordination/Fraud-Prevention/Medicaid-Integrity-Education/Downloads/nemt-factsheet.pdf>

### Mental Health and Wellness/Social-Emotional Development

- *Get Ready Get Safe Book List*  
<http://www.ala.org/alsc/publications-resources/book-lists/get-ready-get-safe-book-list>
- *Supporting Children and Parents Affected by the Trauma of Separation*  
<https://www.childtrends.org/publications/supporting-children-parents-affected-trauma-separation>
- *Opioid Overdose Prevention Toolkit*  
<https://store.samhsa.gov/product/Opioid-Overdose-Prevention-Toolkit/All-New-Products/SMA18-4742>
- *Teaching to Strengths: Supporting Students Living with Trauma, Violence, and Chronic Stress* (archived webinar)  
<http://www.ascd.org/professional-development/webinars/teaching-to-strengths-webinar.aspx>
- *Parental Substance Use, Opioid Misuse, and Child Welfare* archived webinar  
<https://youtu.be/4fdqPXB72EY>
- *Trauma Informed Practice and the Opioid Crisis: A Discussion Guide for Health Care and Social Service Providers*  
<http://bccwh.bc.ca/2018/05/trauma-informed-practice-and-the-opioid-crisis-a-discussion-guide-for-health-care-and-social-service-providers/>

### New and Expectant Families

- *Dads—Help Baby Sleep Safe* Infographic  
[https://www1.nichd.nih.gov/sts/news/downloadable/Pages/infographic\\_dads.aspx](https://www1.nichd.nih.gov/sts/news/downloadable/Pages/infographic_dads.aspx)
- *Cytomegalovirus (CMV) Facts for Pregnant Women and Parents*  
<https://www.cdc.gov/features/cytomegalovirus/index.html>
- *All Babies Cry (ABC)*  
[www.allbabiescry.com](http://www.allbabiescry.com)

### **Nutrition and Physical Activity**

- *Get the Facts: Drinking Water and Intake*  
<https://www.cdc.gov/nutrition/data-statistics/plain-water-the-healthier-choice.html>
- *Kids and Exercise* (English and Spanish)  
<https://kidshealth.org/en/parents/exercise.html>
- *Helping Parents Navigate the What, When and How of Infant and Toddler Feeding*  
<http://thousanddays.org/for-parents/>
- *Get the Facts: Sugar-Sweetened Beverages and Consumption*  
<https://www.cdc.gov/nutrition/data-statistics/sugar-sweetened-beverages-intake.html>
- *Healthy Kids, Healthy Future* (formerly Let's Move, Child Care!)  
<https://healthykidshealthyfuture.org>
- *Food Safety Resources*  
<https://www.fns.usda.gov/food-safety/food-safety-resources>
- *Infant and Toddler Nutrition*  
<https://www.cdc.gov/nutrition/InfantandToddlerNutrition/index.html>
- *30 Day Water Challenge: Make Every Sip Count!*  
<http://www.drinkingwateralliance.org/ecewaterchallenge>

### **Oral Health**

- *Disaster Preparedness and Oral Health*  
<https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/buoh-2018-05.pdf>
- *Babies and Pacifier Use*  
<https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/buoh-2018-06.pdf>
- *Find a Dentist*  
<https://www.insurekidsnow.gov>

### **Physical Health and Wellness**

- *Stay Healthy at Animal Exhibits*  
<https://www.cdc.gov/features/animalexhibits/index.html>
- *Preventing Tick Bites*  
[https://www.cdc.gov/ticks/avoid/on\\_people.html](https://www.cdc.gov/ticks/avoid/on_people.html)
- *Key Health Implications of Separation of Families at the Border*  
<https://www.kff.org/disparities-policy/fact-sheet/key-health-implications-of-separation-of-families-at-the-border/>

### **Professional Development**

- *Child Care Health Consultation: Building Consultation Skills* new learning modules  
<https://eclkc.ohs.acf.hhs.gov/health-services-management/article/child-care-health-consultation-skill-building-modules>
- *Child & Adolescent Injury Prevention* New Evidence-Based Online Course  
<https://www.edx.org/course/injury-prevention-for-children-teens>



## Safety and Injury Prevention

- *Safety in Seconds: Bike Helmets* video on how to properly fit a bike helmet  
<https://www.safekids.org/video/safety-seconds-bike-helmets>
- *Keeping Children Safe in Vehicles: A Guide for Families and Caregivers*  
<https://eclkc.ohs.acf.hhs.gov/transportation/article/child-passenger-safety> (English)  
<https://eclkc.ohs.acf.hhs.gov/es/transporte/articulo/la-seguridad-de-los-ninos-pasajeros> (Spanish)
- *Lawn Mower Safety Tips*  
<https://www.aap.org/en-us/about-the-aap/aap-press-room/news-features-and-safety-tips/Pages/Lawn-Mower-Safety-Tips-from-the-AAP.aspx>
- *Childhood Poisoning: Safeguarding Young Children from Addictive Substances*  
<https://www.centeronaddiction.org/addiction-research/reports/childhood-poisoning-safeguarding-young-children-addictive-substances>
- *Look Before You Lock*  
<https://www.acf.hhs.gov/ecd/interagency-projects/look-before-you-lock>
- *Child Maltreatment and Neglect*  
<https://developingchild.harvard.edu/science/deep-dives/neglect/>
- *Best to Leave Fireworks to the Experts* (available in multiple languages)  
<https://www.nsc.org/home-safety/tools-resources/seasonal-safety/summer/fireworks>

## School Readiness

- *ABC/CARE: Elements of Quality Early Childhood Programs That Produce Quality Outcomes*  
<https://heckmanequation.org/resource/abc-care-elements-of-quality-early-childhood-programs-that-produce-quality-outcomes/>
- *Toxic Stress Derails Healthy Development*  
<https://developingchild.harvard.edu/resources/toxic-stress-derails-healthy-development/>
- *Developmental Surveillance: What, Why and How* (video)  
<https://youtu.be/sceYLUHhgnU>

## Staff Health and Wellness

- *Jump Back July Calendar*  
<http://www.actionforhappiness.org/jump-back-july>
- *50 Reasons to Take Yourself Less Seriously*  
<http://www.dailyinfographic.com/power-of-play>
- *Effective Early Education Requires Effective and Empowered Early Educators*  
<http://educationpost.org/effective-early-education-requires-effective-and-empowered-early-educators/>
- *Summer Sun Safety: Protect Yourself from UV Radiation*  
<https://www.cdc.gov/features/uv-radiation-safety/index.html>

## FUNDING OPPORTUNITIES

- The *Community Access to Child Health (CATCH) Program* is a national initiative of the American Academy of Pediatrics that supports pediatricians to collaborate within their communities to advance the health of all children. CATCH supports innovative pediatrician-led health projects in the initial stages of developing and implementing community-based child health initiatives. Award Amount: Up to \$10,000. Deadline: July 31, 2018  
<https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/compeds/catch/Pages/CATCH-Grants.aspx>

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- The *Green Education Foundation* and *Gardener's Supply Company* have teamed up on an exciting funding opportunity for established youth garden projects nationwide. The organizations are calling on schools and youth groups to submit chronicles of their garden projects. The award is designed to support the continued sustainability of an exceptional youth garden program that has demonstrated success, and has impacted the lives of kids and their community. Award Amount: Up to \$500. Deadline: September 30, 2018  
<http://www.greeneducationfoundation.org/greenthumbchallengesub/green-thumb-challenge-winners>
- *Project Learning Tree* offers *GreenWorks!* grants to schools and youth organizations for environmental service-learning projects that link classroom learning to the real world. The funds can be used by students to implement recycling programs at their school, conserve water and energy, establish school gardens and outdoor classrooms, improve a forest, or restore a natural habitat, for example. Award Amount: Up to \$1,000. Deadline: September 30, 2018  
<https://www.plt.org/resources/greenworks-grants>
- *ALDI Smart Kids* is a special program dedicated to supporting the health and wellness of the children in ALDI communities. ALDI does this through supporting local community organizations that encourage kids to be active in the areas of education, physical activity, nutrition, socializing and the arts. Support ranges from monetary donations to ALDI gift cards. Programs should demonstrate affordability and sustainability, a lasting impact on the community and a significant and measurable outcome. Award amount: Up to \$100 – \$5,000. Deadline: December 18, 2018.  
<https://corporate.aldi.us/en/corporate-responsibility/aldi-smart-kids/>
- *The Children's Obesity Fund* seeks to educate parents and children about the rising obesity rates in America, reverse the statistics and dangerous trends, and help prevent the next generation from continuing down this alarmingly unhealthy road. The fund would like to give money and support nonprofit organizations who share the goal of eliminating the epidemic of childhood obesity. Award amounts vary. Deadline: Rolling  
<http://www.childrensobesityfund.org/grantfundraising-faq/>