



STRENGTHENING FAMILIES, SUSTAINING COMMUNITIES  
A FAMILY RESOURCE CENTER  
146 3rd Avenue West, Kalispell  
406-756-1414  
www.nurturingcenter.org



## Resource Guide 2018 Lake County

### THE ABBIE SHELTER AND VIOLENCE FREE CRISIS LINE

Violence Free Crisis Line: 752-7273 Office: 752-4735

Tax ID for Violence Free Crisis Line: 81-0361221

A: P.O. Box 1401, Kalispell, MT 59903-1401

W: [www.abbieshelter.org](http://www.abbieshelter.org)

Peer counseling, crisis intervention and advocacy for victims of battering, incest, domestic violence, child sexual abuse, and rape. Abused Women's Support Group, Rape Survivors Group, Adults Molested as Children Group, and Abigail Frederick Shelter for victims offered. Anonymous and confidential services are available 24 hours a day.

### ADULT PROTECTIVE SERVICES

Ph: 1-844-277-9300

If you suspect harm, you can call this number to find your area Adult Protective Services office.

### AMERICAN LEGION

P: 406-883-2821 A: 423 Main St., Polson, MT 59860

Referral assistance for veterans and their families offered.

### BREAD BASKET

P: 406-676-4357 A: 10 6TH Ave. S.W. Ronan, MT 59864

Bread Basket provides food services to needy families in Ronan, Charlo, and Moiese areas.

### CHERRY HILL VILLAGE

P: 1-406-883-3978 A: 900 Cherry Hill Court Polson, MT 59860

Subsidized housing for persons disabled or 62 years of age or older.

### CHILD ABUSE/NEGLECT HOTLINE

P: 1-866-820-5437

This is a 24 hour centralized reporting service for suspected child abuse.

### COMMODOITIES PROGRAM

P: 406-676-2367 A: 528 Main St. SW Ronan, MT 59864

Food supplement program for reservation residents.

### COMMUNITY ACTION PARTNERSHIP OF NW MT—LAKE

P: 1-406-883-3470 A: 110 Main Street, Mezzanine Level, Polson MT 59860

W: <http://www.capnm.net/>

Home Ownership and Foreclosure Prevention Counseling, Mutual Self Help Housing Program, Emergency Solutions Grant—Homeless Prevention Program with limited help for people in housing but in jeopardy of homelessness, and Rapid Re-housing Program, Section 8 Housing, and Rental Assistance.

### CONFEDERATE3D SALISH & KOOTENAI VOCATIONAL REHAB

P: 406-675-2700 A: P.O. Box 117 Pablo, MT 59855

Confederated Salish & Kootenai Vocational Rehab provides evaluation and vocational counseling for disabled tribal members.

### DEPARTMENT OF FAMILY SERVICES

P: 406-523-4100 A: 2677 Palmer St. Ste. 300, Missoula MT 59808

Child and Adult protective services.

### DEPARTMENT OF HEALTH AND HUMAN SERVICES

P: 406-883-7820 A: 826 Shoreline Dr. Polson, MT 59860

W: [www.dphhs.mt.gov](http://www.dphhs.mt.gov)

### DISABLED AMERICAN VETERANS

P: 406-883-5686 A: 203 6th Ave. E. Polson, MT 59860

Referral, information, advocacy and hospital equipment loan to disabled veterans.

### DOVES

P: 1-800-831-9987 A: P.O. Box 1773 Polson, MT 59860

W: [www.doveslakecounty.org](http://www.doveslakecounty.org)

Crime Victim Advocate

### FLATHEAD COUNTY VICTIM/WITNESS

P: 406-758-5630 or 758-2108 A: 920 S. Main Street Kalispell, MT 59901

Janiece Hamilton is the Crime Victim Advocate.

SKC Tribal Victims Advocate - 406-675-2700 or 1-877-231-5173

### FLATHEAD VALLEY COMMUNITY COLLEGE

P: 406-756-3884 A: 777 Grandview Dr. Kalispell, MT 59901

FVCC is an adult Learning Center & provides year round Adult Basic Education, GED preparation and testing, English as a second language, and basic literacy training.

### FOOD BANKS

- **BIGFORK** P: 406-837-2297 A: 7545 Hwy 35 South Bigfork MT 59911

- **LAKESIDE** p: 406-844-2779 OR 406-261-4560 A: West Shore Food Pantry 7150 HWY 93 S. or P.O. Box 192 Lakeside, MT 59922

- **MISSION VALLEY FOOD PANTRY** P: 406-745-5489 A: 203 Blaine St. St. Ignatius, MT 59865

- **POLSON LOAVES AND FISHES** P: 406-883-6864 A: 904 1st St. E. Polson, MT 59860

### HUMAN RESOURCE DEVELOPMENT COUNCIL

P: 406-883-3470 A: 4141ST St. E. Polson, MT 59860

The HRDC offers employment and training programs for youth and displaced homemakers, fuel assistance, housing and other programs for low income persons.

### KALISPELL VET CENTER (Incl. service to Lake County)

P: 406-257-7308 A: 690 North Meridian Rd. Kalispell, MT 59901

Free readjustment counseling for combat veterans and their families and survivors of sexual assault while in the military service.

### LAKE COUNTY DISTRICT COURT

P: 406-883-7254 F: 406-883-7343 A: 106 4th Ave. E. Polson, MT 59860

### LAKE COUNTY CHEMICAL DEPENDENCY PROGRAM

P: 406-883-7310 A: 802 Main St. C. Polson, MT 59860

Alcohol and chemical dependency, prevention, crisis intervention, assessment, and referrals offered.

### LAKE COUNTY SHERIFF'S OFFICE (non emergencies)

P: 406-883-7301 A: 106 4th Ave. East Polson, MT 59860

### LAKEVIEW VILLAGE

P: 406-883-2222 A: 50236 US HWY 93 South Polson, MT 59860

Subsidized housing for seniors.

### LEGAL

Montana legal Services Association

P: 1-800-666-6899 A: 616 Helena Ave., Ste. 100, Helena 59601

F: 442-9817 W: [www.mtlsa.org](http://www.mtlsa.org) or [www.MontanaLawHelp.org](http://www.MontanaLawHelp.org)

### LEGAL CONTINUED

#### **Self-Help Law Center , Kalispell**

P: 406-758-2496 A: 920 South Main Basement, Kalispell

E: [flatheadcountyselfhelp@mt.gov](mailto:flatheadcountyselfhelp@mt.gov) W: [selfhelp@mt.gov](mailto:selfhelp@mt.gov)

#### **Self-Help Law Center , Missoula**

P: 406-258-3428 A: 200 W. Broadway, Room 271, Missoula, MT 59802 W: <http://courts.mt.gov/selfhelp/west-region>

### MAXWELL APARTMENTS FOR SENIORS

P: 406-676-5900 A: 411 1ST Ave. S.W. Ronan, MT 59864

Subsidized Housing for seniors.

### MENTAL HEALTH CRISIS LINE

P: 406-752-6262

24 Hour crisis intervention line for mental health emergencies.

### MONTANA MIGRANT HEALTH PROGRAM

P: 406-273-4633 A: 9801 Valley Grove Dr. Ste. D, Lolo, MT 59847

W: [www.mtmigrantcouncil.org](http://www.mtmigrantcouncil.org)

### THE MONTANA WARM LINE

P: 1-877-688-3377 W: [www.montanawarmline.org](http://www.montanawarmline.org)

Warm Line provides a friendly and understanding person when you just need someone to talk to. The Warm Line is not a crisis line; however operators can refer people who are considering suicide to appropriate services. Through a 3-way way calling, Warm Line staff can access emergency services if needed.

### THE NURTURING CENTER

P: 756-1414 A: 146 3rd Ave. W., Kalispell

We are a family resource center that provides information and services to parents with children of all ages. Education programs, support groups, child care assistance, and referrals. Nutrition training, training and technical assistance for new and existing child care providers, Parent Share, Parenting Classes, and Supervised Visitation.

### OFFICE OF PUBLIC ASSISTANCE

P: 888-706-1535 A: 49627 US-93, Polson, MT 59860 W: [apply.mt.gov](http://apply.mt.gov)

Apply for economic assistance, Food Stamps, or Medicaid.

### PABLO FIRE DEPARTMENT

P: 406-676-2550 A: 44592 us Old Hwy 93, Ronan, MT 59855

### PARENTING HELPLINE

P: 1-855-427-2736 W: [www.nationalparenthelpline.org](http://www.nationalparenthelpline.org)

Families First—a free telephone service answered by trained specialists to provide information about any topics.

### PARENTING PLANS (ONLINE)

W: [Courts.mt.gov/Forms](http://Courts.mt.gov/Forms)

### PATHWAYS TREATMENT CENTER

P: 756-3950 A: 200 Heritage Way, Kalispell W: [www.krh.org](http://www.krh.org)

In-patient treatment facility for individuals and families needing psychiatric care or chemical dependency rehabilitation.

### POISON CONTROL

P: 1-800-222-1222

Poison information and emergency poison help across Montana.

### POLSON CITY LIBRARY

P: 406-8836-8225 A: 2 First Ave. E. or P.O. Box 820, Polson, MT 59860

### POLSON FIRE DEPARTMENT

P: 406-883-8220 A: 106 1st St. E., Polson, MT 59860

### POLSON JOB SERVICE

P: 406-883-7880 A: 417 b. Main Street, Polson, MT 59860

### PREVENTION OF ELDER ABUSE—WESTERN MT CHAPTER

P: 406-327-7886 W: [www.westernmontanachapter.org](http://www.westernmontanachapter.org)

A: Palmer Business Building Complex, 2681 Palmer St., Ste. K, Missoula, MT

### REGION PUBLIC DEFENDER

P: 883-6082 A: 110 Main St, Molson, MT 59860

Provides representation to indigent clients (criminal cases only, charges must be filed).

### RONAN CITY LIBRARY

P: 406-676-3682 A: 203 Main Street Southwest Ronan, MT 59864

### RONAN HOUSING AUTHORITY

P: 406-676-5900 A: 111 2nd Ave. S.W., Ronan, MT

Housing for low income individuals and seniors

### RONAN FIRE DEPARTMENT

P: 406-676-4231 A: 210 Adams St. S.W. Ronan, MT 59864

### SAFE HARBOR

P: Crisis line: 406-676-0800 Office: 676-0992 A: P.O. Box 497 Ronan MT

Crime victim advocate.

### SALISH KOOTENAI HOUSING AUTHORITY

P: 406-675-4491 A: 56243 us-93 Pablo, MT 59855

Low rent housing for tribal members only.

### SALVATION ARMY

P: 406-883-2583 A: 201 2nd St. East, Polson, MT 59860

The Salvation Army provides emergency welfare assistance in the form of food, temporary shelter, and clothing.

### SAMARITAN HOUSE

P: 257-5801 A: 124 9th Ave W. or P.O. Box 592, Kalispell

W: [www.samaritanousemt.com](http://www.samaritanousemt.com)

### SUICIDE PREVENTION LIFELINE—VETERANS

P: 1-800-273-8255, PRESS 1 W: [www.veteranscrisisline.net](http://www.veteranscrisisline.net)

Veterans in emotional distress can talk with a crisis counselor on this national hotline, 24 hours a day, 7 days a week.

### UNITED WAY

P: 406-752-7266 or 2-1-1 A: 1203 US-2, Kalispell, MT 59901

Connects you with community-based organizations and government agencies .

### WESTERN MT MENTAL HEALTH CENTER

P: 406-532-9170 A: 8 2nd Ave. S.W. Ronan, MT 59864

Counseling for child abuse, chronically mentally ill, developmentally disabled, domestic violence, grief and veterans offered.

### WIC, LAKE COUNTY

P: 406-883-7307 A: 802 Main St. B. Polson, MT 59860

WIC provides education and food to pregnant and nursing women, infants, and children with income conditional risks.