

PARENTING CLASSES

Sponsored by the Nurturing Center



ACTIVE PARENTING (0-4 YEAR OLDS)

June 17, 2019	10:00-5:00
September 16, 2019	10:00-5:00
November 18, 2019	10:00-5:00
January 27, 2020	10:00-5:00
March 16, 2020	10:00-5:00
May 18, 2020	10:00-5:00

\$50.00 per class

The ACTIVE PARENTING goal is that you will learn:

- * Discipline methods that work
- * How to make rules your child will follow
- * The best ways to childproof your home
- * Great ways to take care of yourself!
- * How to prevent tantrums
- * How to create routines that make life easier
- * How to care for your child at different stages
- * Plus you'll meet many other parents of preschoolers - just like you.

Each participant will receive tips, resources and a booklet to take home after the classes are over. Take this workshop and see the wonderful difference it makes for you and your family!

ACTIVE PARENTING NOW (5 -11 YEAR OLDS)

July 15, 2019	10:00-5:00
October 21, 2019	10:00-5:00
December 16, 2019	10:00-5:00
February 24, 2020	10:00-5:00
April 20, 2020	10:00-5:00
June 15, 2020	10:00-5:00

\$50.00 per class

Happy Families aren't born... they're made one day at a time. We're bringing the Active Parenting Now program to you. This workshop will show you effective ways to:

- * Use non-violent discipline techniques that work
- * Cope with difficult topics
- * Stimulate independence
- * Improve communication
- * Defuse power struggles
- * Encourage your children to be their very best!

CHILDREN IN THE MIDDLE

1st & 3rd Wednesday evenings of every month

\$50.00 per class

A COMPREHENSIVE EDUCATION PROGRAM FOR DIVORCING PARENTS...THAT WORKS! This class targets specific problem behaviors within the family dynamics, teaches specific skills for parents and is proven to be effective.

Circle of Security

TBD

Overwhelmed with trying to be the perfect parent? Let's talk about being a 'good-enough' parent. Circle of Security Parenting can help you realize that you already have what you need to be a great parent. Sometimes you just need a map to find your way back. *Cost will be \$20 at sign-up for ALL classes and a \$10 refund will be given upon completion of the class.*

Call the Nurturing Center to register 406.756.1414

Payment required at the time of registration