



STRENGTHENING FAMILIES, SUSTAINING COMMUNITIES
A FAMILY RESOURCE CENTER
146 3rd Avenue West, Kalispell
406-756-1414
www.nurturingcenter.org



Resource Guide 2018 Flathead County

THE ABBIE SHELTER AND VIOLENCE FREE CRISIS LINE

Violence Free Crisis Line: 752-7273 Office: 752-4735

Tax ID for Violence Free Crisis Line: 81-0361221

A: P.O. Box 1401, Kalispell, MT 59903-1401

W: www.abbieshelter.org

Peer counseling, crisis intervention and advocacy for victims of battering, incest, domestic violence, child sexual abuse, and rape. Abused Women's Support Group, Rape Survivors Group, Adults Molested as Children Group, and Abigail Frederick Shelter for victims offered. Anonymous and confidential services are available 24 hours a day.

ADULT PROTECTIVE SERVICES

Ph: 1-844-277-9300

If you suspect harm, you can call this number to find your area Adult Protective Services office.

AGENCY ON AGING

P: 406-758-5730 F: 406-758-5732

A: 160 Kelly Road, Kalispell W: Flathead.mt.gov/aging

BIG BROTHERS BIG SISTERS

P: 752-0092 A: 137 South Main, Kalispell

W: www.bbbsfc.org E: email@bbbsfc.org jesse@bbbsfc.org

CHILD PROTECTIVE SERVICES

P: 1-866-820-5437

CHILD AND FAMILY SERVICES DPHHS

P: 751-5950 F: 751-597 W: www.dphhs.mt.gov/cfsd

A: 121 Financial Dr., Ste. C, Kalispell E: swarnell@mt.gov

C&FS offers adoption services, foster care, day care licensing, and Child Protective Services. Also offers investigation and support services for suspected child and elder abuse and neglect cases.

CHILD DEVELOPMENT CENTER

P: 755-2425 Toll Free: 1-866-755-2425

F: 755-2426 A: 1725 Mt. Hwy. 35, Kalispell W: www.childdevcenter.org
Provides home and center based services for children, from ages 0-21, who are developmentally delayed or disabled, and their families. CDC provides evaluation, training and support.

CHILD SUPPORT ENFORCEMENT DIVISION (CSED)

P: 1-406-329-7910 A: 2675 Palmer St., Ste. C, Missoula

W: www.dphhs.mt.gov/csed

CITIZENS' ADVOCATE

P: 1-800-322-2272 W: www.citizensadvocate.mt.gov

Assists Montanans in their interactions with state executive branch agencies.

COLUMBIA FALLS FOOD BANK

P: 892-0241 A: 82 Railway St. E., Columbia Falls

Monday 5 PM—6:30 PM and Tuesday 9:30 AM - noon

COMMUNITY ACTION PARTNERSHIP OF NW MT

P: 752-6565 P: 1-800-344-5979 W: www.capnm.net

A: 214 Main Street, P.O. Box 8300, Kalispell

Energy Assistance, Housing Assistance, Asset Management, Case Management, Employment, and Training Programs

DIAL A RIDE

P: 758-5728

Curb to curb transport services. Advanced reservation required.

FLATHEAD COUNTY FIRE DEPARTMENTS

Badrock N. Hall 892-3145
Badrock S. Hall 892-5086
Bigfork 837-4590
Big Mountain 862-3748
Blankenship (406)387-4349
Columbia Falls (406)892-3911
Coram 888-9005
Creston (406)755-2760
Evergreen (406)752-4636
Ferndale 837-6900
Glacier Airport 257-5995

Hungry Horse (406)381-9111
Kalispell (406)758-7761
Marion (406)854-2828
Martin City 387-5033
Olney (406)881-2220
Smith Valley (406)752-3548
Somers-Lakeside 857-3566
South Kalispell 257-2282
West Valley (406)756-9878
Whitefish (406)863-2481

FLATHEAD CITY-COUNTY HEALTH DEPARTMENT

P: 751-8101 F: 751-8102

A: 1035 1st Ave. West, Kalispell W: www.flatheadhealth.org

Community Health Nurses provide breast feeding counseling, maternal child health information, limited pre natal services, immunization clinics and home visits for families.

FLATHEAD COUNTY SHERIFF'S OFFICE

P: 406-758-5585 A: 920 S. Main St. #100 Kalispell

FLATHEAD FOOD BANK

P: 406-752-3663 A: 1203 Hwy. 2 West, Kalispell

FFB provides short-term emergency food assistance to people in need. Distribution centers are located in Kalispell, Evergreen, Marion, Martin City, and Bigfork.

FLATHEAD SPECIAL EDUCATION COOPERATIVE

Ph: 892-0241 F: 257-4137 A: 15 Meridian Court, Kalispell

FSEC provides speech, language, psychological, occupational, physical therapy, and preschool services to children 3-15 years old. Conducts Child Find outreach each fall and spring to identify children with special learning needs.

FLATHEAD VALLEY CHEMICAL DEPENDENCY CENTER

Kalispell P: 756-6453 F: 756-8456 A: 1312 N Meridian Rd. or P.O. Box 7115

Thompson Falls P: 406-827-4241 F: 827-9677 A: 1029 Main Street or P.O. Box 940

Libby P: 406-2937731 F: 406-293-8530 A: 711 California St. or P.O. Box 756

Eureka P: 406-297-2822 F: 406-297-2823 A: 66121 Hwy 37 or P.O. Box 1409

Women's Home P: 257-6240 F: 257-1740 W: www.fvcdc.net

HEAD START

P: 752-7011 F: 755-1916 A: 79 7th Ave. EN W: www.nwmtheadstart.org

HEARTLAND CAREGIVERS

P: 1-800-866-6266 W: www.heartlandcaregivers.com

Domestic Placement Agency - they can help you find an in home nannie or many other in home staff needs.

HELP NET—FIRST CALL FOR HELP

P: 752-8181 OR 800-332-8425 A: P.O. Box 7217, Kalispell

W: www.unitedwaycares.org/help-net

Confidential, anonymous, free information and referral service for Northwest Montana. Referrals to all social services providers/counselors when you don't know where to turn for help.

HOPE FAMILY RESOURCE CENTER AND CLEAR CHOICE CLINIC

Hope Family Resource Center P: 257-6006 A: 940 1st Ave. E. Kalispell

W: www.hopepregmin.org

Clear choice AKA Hope pregnancy P: 257-5700 A: 1281 Burns Way Kalispell

IMAGINE IF LIBRARIES

P: C Falls 892-5919 Bigfork 837-6976 Marion 854-2333

Kalispell 758-5820 Kalispell A: 247 1st Ave. East

W: <http://imagineiflibraries.org>

Find books on child development and child management, children's books, records, story hours and exhibits. There is also a meeting room available.

KALISPELL REGIONAL MEDICAL CENTER—KRMCC

P: 751-5111 A: 310 Sunnyview Lane, Kalispell W: www.krh.org/krmc

KALISPELL SCHOOL DISTRICT #5

P: 751-3400 A: 233 1st Ave. E., Kalispell W: www.sd5.k12.mt.us

Special education services for children 3 years and up who have handicapping conditions and special needs. Elementary programs serve students in District #5 only, while high school provides services for students in the Flathead County.

LITERACY VOLUNTEERS

P: 257-7323 A: Gateway Community Center, 1203 Hwy 2W, Ste. 30, Kalispell

W: Literacyflathead.org

Provides individualized learning programs for adults and families. Our goal is to empower participants by helping them develop educational, social, and professional skills. Offer free, confidential tutoring.

LUTHERAN SOCIAL SERVICES OF MONTANA

P: 752-8847 A: 17 2nd St. E., Ste. 207, Kalispell W: www.lssmt.org

This statewide social service agency provides general counseling, adoption counseling, unplanned pregnancy counseling, adoption education, and consultation.

LEGAL

Montana legal Services Association

P: 1-800-666-6899 A: 616 Helena Ave., Ste. 100, Helena 59601

F: 442-9817 W: www.mtlsa.org or www.MontanaLawHelp.org

Self-Help Law Center

P: 406-758-2496 A: 920 South Main Basement, Kalispell

E: flatheadcountyselfhelp@mt.gov W: selfhelp@mt.gov

MONTANA 211

2-1-1 is an easy-to-remember telephone number that connects people with important community services and volunteer opportunities.

MOTHERS FOR PRE-SCHOOLERS (MOPS)

P: 257-5683 E: sritter@trinitykalispell.org

Support group for mothers with children located at Trinity Lutheran Church, Kalispell. Meets 1st and 3rd Wednesday from 9:15 AM - 11:15 AM.

NEIGHBORS IN NEED

P: 752-8181 A: P.O. Box 8721, Kalispell

NIN is a fund of last resort that is managed by church donations for emergencies such as temporary shelter, rental assistance, utilities, food, gasoline, etc. for limited income persons.

NORTH VALLEY FOOD BANK

P: 406-862-5863 A: 251 Flathead Ave, Whitefish

THE NURTURING CENTER

P: 756-1414 A: 146 3rd Ave. W., Kalispell

We are a family resource center that provides information and services to parents with children of all ages. Education programs, support groups, child care assistance, and referrals. Nutrition training, training and technical assistance for new and existing child care providers, Parent Share, Parenting Classes, and Supervised Visitation.

OFFICE OF PUBLIC ASSISTANCE

P: 888-706-1535 A: 121 Financial Dr., Ste. A, Kalispell W: apply.mt.gov

Apply for economic assistance, Food Stamps, or Medicaid.

PARENTING PLANS (ONLINE)

W: Courts.mt.gov/Forms

PARENTS LETS UNITE FOR KIDS (PLUK)

P: 270-1086 W: www.pluk.org

Stephanie Leuhr—Parent support for children with special needs.

POISON INFORMATION CENTER

P: 1-800-222-1222

PATHWAYS TREATMENT CENTER

P: 756-3950 A: 200 Heritage Way, Kalispell W: www.krh.org

In-patient treatment facility for individuals and families needing psychiatric care or chemical dependency rehabilitation.

RURAL DYNAMICS

P: 1877-275-2227 W: www.ruraldynamics.org

RAY OF HOPE HOMELESS SHELTER

P: 755-4673 A: 46 5th Ave. W., Kalispell W: www.arayofhopemontana.com

SALVATION ARMY

P: 257-4357 A: 110 Bountiful Drive, Kalispell Thrift Store: 1500 S. Hwy 93, Kal.

W: www.salvationarmyusa.org

The Salvation Army provides emergency welfare assistance in the form of food, temporary shelter, and clothing.

SAMARITAN HOUSE

P: 257-5801 A: Corner of 9th Ave. W. and 2nd St. W or P.O. Box 592, Kalispell

W: www.samaritanousemt.com

SEVENTH DAY ADVENTIST COMMUNITY SERVICE CENTER

P: 257-6008 A: 494 9th Ave. EN, Kalispell

Open Tuesdays from 10:00 AM—3:00 PM. Provides clothing, and a limited supply of furniture in emergency crisis situations. Please call to find out what furniture is needed or available.

SHEPHERD'S HAND CLINIC

P: 406-260-3502 A: 5150 River Lakes Parkway, Whitefish

E: info@shepherdshand.com

Open Monday evenings, 6:00 PM—10:00 PM. Health services for those who are not covered by any other medical plan offered. Well - child care, minor illnesses, and some chronic illnesses needing monitoring offered. First come, first serve; no appointments taken.

STILLWATER THERAPEUTIC SERVICES

P: 752-6100 A: 418 Windward Way, Kalispell

24-hour crisis intervention services. Outpatient and children's services offered. Stillwater Therapeutic Services provides outpatient counseling to children and families; children's case management, therapeutic foster care, and family based services. Medicaid insurance and Montana Mental Health Services Plan accepted.

SUNBURST MENTAL HEALTH & FAMILY CONCEPTS

P: 756-8721 A: 2282 Hwy 93 S, Kalispell W: www.sunburstfoundation.org

Sunburst offers mental health services at five locations in Northwest Montana. Services include psychiatric assessment, outpatient therapy, managing medications, case management, and much more. Sunburst Foundation's Family Concepts is a life-line between children in foster care and their birth families.

TAMARACK GRIEF RESOURCE CENTER

P: 261-0724 A: 17 2nd Street East #202, Kalispell

W: www.tamarackgriefresourcecenter.org

Programs for children and adults grieving the loss of loved ones.

UNITED WAY

P: 752-7266 A: P.O. Box 7217, Kalispell W: www.unitedwaycares.org

WHITEFISH COMMUNITY LIBRARY

P: 406-862-9914 F: 406-862-1407 A: 9 Spokane Ave, Whitefish

W: www.whitefishlibrary.org