

# OCTOBER

## A NEWSLETTER



### Family Fun

**Oct 31, 2018 - October 31, 2018 @ 4:00 pm - 7:00 pm**  
**The FVCC Veterans' Association presents Trunk or Treat, a safe, fun, free, one-stop trick-or-treating event for families. Come in your best costume to check out our decked out vehicle trunks full of treats for the little boos and ghouls!**

**Join your Kalispell Cabela's for the Great Pumpkin Celebration- FREE Halloween event on October 19 & 20, and October 25-31!**

#### **Halloween Photos:**

Weekends: Noon-5pm Weekdays: 5-7pm October 31: 4-8pm FREE 4x6 photo with the Peanuts Gang! \$5 Photo package available: 1- 6x8, 2- 4x6, Digital Image The 1st 75 kids to get their photo taken each day will receive a prize!

#### **Kid's Halloween Ring Toss game with prize!**

#### **Halloween Crafts:**

October 19 & 20: Owl Mask October 25-30: Jack-O-Latern -OR- Trick or Treat Cat Sign October 31: Halloween burlap bag craft

#### **Costume Parades:**

Saturday, October 26 starting at 3:30pm Thursday, October 31- Halloween- starting at 6pm

Trick or Treating: Thursday, October 31- Halloween- 4-8pm

Halloween at the Winery 6:00 PM Tailing Loop Winery: Looking for a fun, family-friendly way to spend Halloween night? Join us at the Tailing Loop Winery for live music, festive snacks, and (of course) wine! Non-alcoholic drinks will be available for the kids. Trick or Treaters' of all ages are encouraged to stop by. There will be special "treats" for those of legal drinking age and candy for the younger ones... Big candy too, because we want to be the cool house on the block. We will also be hosting a costume contest and announcing the winner around 9 pm. Both individual and couple entrees are welcome. So best get to planning out your winning design! Our musical entertainment for the evening will be The Music Lab. And not just our usual trio of favorites, but the FULL 6 piece band. The dance floor will be cleared of tables, so be prepared to get a little crazy and show off some moves!

#### **Halloween Hustle and Family Costume Run/Walk**

**Dress in your best HALLOWEEN COSTUME & bring the kids (sorry no pets)? Costumes encouraged, but not required. This year we are offering a FREE non-timed trick-or-treat mile for the kids beginning at 2 pm. The 5K will be confined to Lawrence Park and the bike path along Whitefish Stage Road in Kalispell. Same-day registration will be available. Swag bags will be provided while supplies last. Entry fee is \$15 for the 5K (same day add \$5). This event benefits the Kalispell Coats for Kids Organization. For questions, please contact race director,**

**Tammy Smith, 261-0259**

**or tamsmith66@gmail.com. Spirit Halloween is offering 20% off any one item when you bring in a copy of your race registration. (Offer not valid with any other discounts)**

**Saturday October 22nd 2-5 pm**

**Lawrence Park**



# Smith Memorial Childcare



## This month's featured Childcare is Smith Memorial in Kalispell!

Smith Memorial Daycare has been in Kalispell for 50 years, upstairs in the Epworth Church. They started out watching children for many of the current childcare providers in town! Tammy Braseth has been the director for 30 years and has a wonderful commitment to children and families. When the kids attend daycare here, the staff take care of them and love them as if they were their own kids. Currently they serve 2 year old's up to 5 year old's. They serve hot lunches, a morning snack, and afternoon snack everyday , and everything is homemade in our onsite kitchen. One lunch the kids like is a soup called Zoom to the Moon and it is actually split pea soup. Sometimes you have to give something a different name for the kids to try it. They teach kids colors, numbers, social skills, and the alphabet to help them get ready for kindergarten.

They also work on name recognition and having children write their names. In the summer they offer swim lessons and vacation bible school. Patty, a volunteer, comes one day every week to teach kids a bible lesson and sing songs. She also she helps with the Christmas program they do every year, in which the 5 year old's get to act out the Christmas story. Smith Memorial also has another volunteer who comes one day every week to read the children stories. The kids love to play outside in the sand in on all the wonderful climbing equipment in the yard. The children love practicing using their muscles on out monkey bars, playing with dump trucks and buckets in the sand. The staff is rich in culture and diversity teaching the children to love and respect everyone.



## Let's change it up a bit... and do National Weeks!

- **National Space Week ~ Oct. 4-10: Learn about planets, do activities and science experiments, read books about astronauts**
- **National Fire Prevention Week~Oct 9th: Have a firefighter visit your program, Jennifer can help with that ([jens@nurturingcenter.org](mailto:jens@nurturingcenter.org)), and teach kids about having two exits**
- **National Spinning and Weaving Week ~ Oct 7-11: Make your own looms with Popsicle sticks and string. Great fine motor idea!**
- **National Friends of Libraries Week ~ 21st-25th: Take a trip to the library or if you can't do that, create a library dramatic play.**

**October is also... National  
I'm Just Me Because,  
Tackling Hunger,  
Spinach Lovers,**

**Pear, Pineapple, Popcorn, Pretzel, Pizza, and Pasta,  
Raptor,  
Stamp Collecting,  
Sensory Awareness,**

**Dessert,  
Dental Hygiene,  
Cookbook,  
Animal Safety,  
Emotional Wellness,  
Eat Better, Eat Together,  
Bat Appreciation,  
Month!!!**



## Evening for Childcare Facilitators at

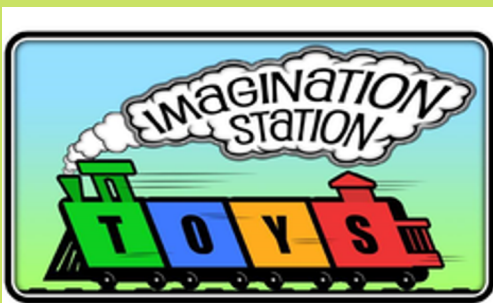
## IMAGINATION STATION

132 Main Street, Kalispell

Oct 9, 2019 6-8 PM

All Purchases will be 20% off and there are lots  
of giveaways!!

Please RSVP 755-5668 (Adults only)



# Food for thought

Because a child's brain is developing so quickly in the years they are in childcare, I thought it would be nice to include foods that are good for the brain.

## Best foods for the brain:

Oily fish like salmon or tuna  
Dark Chocolate  
Berries  
Nuts and seeds  
Whole grains  
Coffee  
Avocados  
Peanuts  
Eggs  
Broccoli  
Kale



## Cheap and Healthy Salmon Cakes

Salmon cakes are pretty quick and easy to make and kids generally like them and they can help with mixing all the ingredients up!

Here is a recipe:

2 cups salmon, cooked (fresh, canned, or frozen)

3/4 cup bread crumbs

1/2 cup fresh parsley or cilantro, chopped

2 eggs, beaten

2 scallions, chopped

1 garlic clove, minced

1 tbsp. olive oil

### Dressing for Dipping

1 cup whole fat Greek yogurt

1/2 cup diced seedless cucumber

1 tablespoons fresh lemon juice

1 garlic cloves, minced

1 tbsp. fresh dill, chopped

Salt and pepper, to taste

Mix salmon, bread crumbs, parsley, eggs, green onions, garlic powder together in a large bowl; divide and shape into eight patties. Heat enough olive oil in a large skillet to cover the cooking surface over medium heat. Fry salmon patties in batches until browned, 5 to 7 minutes per side. Repeat with more olive oil, as needed. While salmon cakes cook, make yogurt dressing. In a medium bowl, combine Greek yogurt, cucumber, lemon juice, garlic, and dill. Stir until well combined. Taste and season with salt and pepper.

FLATHEAD CHAPTER



Montana Association for the  
Education of Young Children

## **Early Childhood Educators Conference**

OCTOBER 4TH, 5TH AND 6TH AT SKC IN PABLO MT

We hope to see you all at the conference this coming weekend! Along with all the presentations, Keynote speakers, and entertainment, we will also be holding elections for the MTAEYC state board and presenting awards to important people in the early childhood community. If you are interested in running for a position on the state board to help make decisions and have a hand in future conference planning, contact your local FAEYC at: [flatheadaeyc@gmail.com](mailto:flatheadaeyc@gmail.com). This year membership and treasurer are up for elections.

### **THIS YEARS WINNERS!**

**WE AT THE NURTURING CENTER WOULD LIKE TO CONGRATULATE THIS YEARS EARLY CHILDHOOD WINNERS!**

**NED COONEY OF BIGFORK: AWARDED THE MCCARTHY PUBLIC SERVICE AWARD FOR HIS WORK AND CONTRIBUTIONS TO THE COMMUNITY**

**DANA LOZIER OF FRENCHTOWN: EARLY CHILDHOOD SERVICE AWARD FOR HER DEDICATION AT BOTH STATE AND LOCAL LEVELS**

**CASSIE HOEZEE OF MONTANA CITY: AWARDED INFANT TODDLER TEACHER OF THE YEAR**

**MELISSA DESHAW OF KALISPELL: AWARDED PRESCHOOL TEACHER OF THE YEAR**

**AMY GEAUDRY: AWARDED K-3 TEACHER OF THE YEAR**

**JAMEY MCORMICK OF BOZEMAN: AWARDED DIRECTOR/PROGRAM ADMINISTRATOR OF THE YEAR**





# October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6 MtAEYC State Conference (cont.)	7 Health and Safety Review (Polson Library)	8	9 Program Management Essentials (Kalispell) Early Childhood Essentials (Kalispell) Best Beginnings Basic (Polson)	10	11	12 CPR & First Aid (Kalispell)
13	14	15 Building and Maintaining a Successful Child Care Business (Kalispell)	16 Building and Maintaining a Successful Child Care Business (Kalispell)	17	18	19
20	21	22	23	24	25	26 CPR & First Aid (Kalispell)
27	28 Making Families Welcome (Kalispell)	29 PreK-K PLC FVCC (view attached flyer)	30	31		

## Nurturing Center Calendar at a Glance

**Happy Fall!**

**TRICK OR TREATING AT THE NURTURING CENTER!  
HALLOWEEN FROM 3-5 PM  
JOIN US FOR HOT COCOA, COOKIES AND TREATS!**

